

## Honey Almond Energy Bites

## Ingredients

- 1 cup rolled oats
- 1/2 cup <u>Maisie Jane's</u>
   Organic Smooth Almond

  Butter
- 1/2 cup <u>Maisie Jane's</u>
  Wildflower Honey
- 1/2 cup chopped <u>Maisie</u>
  <u>Jane's Natural Almonds</u>
- 1/2 tsp vanilla extract
- 1/4 tsp salt

## Directions

- 1. In a large mixing bowl, combine the rolled oats, almond butter, honey, chopped almonds, vanilla extract, and salt. Mix until well combined.
- 2. Once the mixture is combined, use a cookie scoop or spoon to scoop out portions and roll them into balls.
- 3. Place the balls on a lined baking sheet and chill in the refrigerator for at least 30 minutes.
- 4. Once the energy bites have chilled, they're ready to enjoy. You can store them in an airtight container in the refrigerator for up to a week.

Tip:

These energy bites are a great snack to celebrate World Bee Day while also supporting the important role that bees play in pollinating the plants that provide the almonds and honey used in the recipe.